



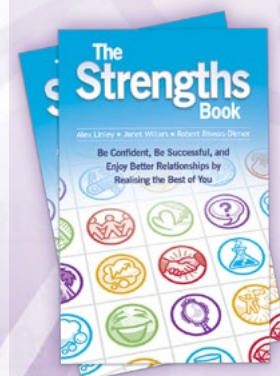
Realise2 Team Accreditation Programme

Unlock the potential of teams through increased performance, communication, engagement and strategic alignment.

Benefits

As a manager, HR professional, coach, psychologist, or other professional, becoming an Accredited Realise2 Team Practitioner will enable you to debrief the Realise2 Team Profile and help you to:

- **Enhance Team Performance:** Understand how to identify and align the strengths of the team to deliver enhanced performance
- **Improve Relationships and Communication:** Improve relationships and team communication by enabling team managers and members to build a shared language of strengths and weaknesses
- **Increase Engagement & Well-Being:** Know how to sustain the engagement of the team by identifying and using their strengths to increase well-being
- **Develop Strategic Alignment:** Identify the unique potential of each team member and strategically align this capability to the team's short and long-term goals, objectives and vision.



For more information on Strengths see:
The Strengths Book: Be Confident, Be Successful, and Enjoy Better Relationships by Realising the Best of You

“Alex and his colleagues know how to unlock your strengths better than anyone else on the planet.”

David Taylor, author of *The Naked Leader* books

“*The Strengths Book* provides a call to action... which should inspire everyone to make the most of the life that they have been granted.”

Marci Shimoff, #1 New York Times bestselling author, *Happy for No Reason* and *Chicken Soup for the Soul*

Our Clients Say...

Avery Dennison, Co-operative Funeralcare, NAPP Pharmaceuticals, Skills Development Scotland, and Thomson Reuters are amongst the many organisations that use Realise2 Team and are experiencing its benefits.

“When a team engages in mutual strengths discovery they become completely energized regarding what is possible for them to do together. They gain tremendous insight, as unique individuals but also how they are complementary as a working group. They begin to focus on the many ways that their composite strengths can support the team's goals and learn to see and to value each other with whole new eyes.” Dr. Pam Mayer, Leadership Vitality

“I have found the strengths approach the most empowering and engaging development and performance concept at both individual and team levels that I have ever come across in my professional career. And I believe that the Realise2 assessment is very well suited to serve as a coaching platform for the strengths harnessing efforts.” Zuzana Witzova, Senior Consultant Leadership & Organization Development, Avery Dennison



www.cappeu.com



Learning Outcomes

This training is highly experiential and filled with action-focussed exercises. It will provide you with rich opportunities to facilitate team debrief sessions that will enable teams to move from being good to great. From the Realise2 Team Accreditation Programme, you will gain:

- Experience in debriefing team profiles to unlock team potential
- An understanding of team strengths dynamics and the Realise2 Strengths Families
- Knowledge of the team data across all 60 Realise2 strengths
- Opportunities to interpret the Realise2 Team Ranked Profile for the team
- Increased confidence debriefing team managers and key stakeholders
- Insight and experience for developing your own ability and style in delivering team strengths debriefs

Course Content

This programme is run face to face over 2 days or virtually over four 90 minute webinars and individual assignments. Accreditation includes individually demonstrating an acceptable Realise2 Team Debrief. On this programme you will:

- Receive an introduction to Realise2 Team: Identifying its benefits in enabling team development
- Discuss strengths-based team development best practice: Drawing on case studies and Capp consulting experience
- Practise interpreting Realise2 Team: Learn powerful methodologies to work with managers and teams strategically to maximise their potential for growth and minimise their areas of risk
- Debrief Realise2 Team: Experience interpreting and holding a Realise2 Team debrief
- Receive real-time feedback: Identify how you can build on your skills acquired through this course
- Explore designing your own Realise2 Team debrief: Take away practical actions and next steps.



How To Book

Visit the Capp website at www.cappeu.com for forthcoming programme dates and prices for both face to face and a virtual programmes to suit your time zone. We also offer in-house programmes and are able to offer discounts if you have a minimum number of 8 people within your organisation or group who want to join the programme. It is necessary to have completed the Realise2 Accreditation Programme in advance.

For more information, or to book, contact programmes@cappeu.com or speak to Trudy Bailey, Programmes Consultant, on +44 (0)24 7632 3363.

